

# Finals Prep **FEST**

DAILY CRAFTS, SNACKS & STRESS RELIEF

**9AM-5PM MON-FRI**

**HEALTH PROMOTION HIDEAWAY**

on the first floor of the Bear Down Building

*Nov. 29*

**Board  
Game Day**

*Nov. 30*

**DIY  
Happiness  
Bags**

*Dec. 1*

**Self Care  
Deck  
Creation**

*Dec. 6*

**Painting  
Day**

*Dec. 7*

**Gratitude &  
Affirmation  
Crafts**

*Dec. 12*

**Therapy  
Dogs  
2-4pm**

More details & events



**CAMPUS  
HEALTH**